

MENTAL HEALTH NURSING

QUESTION BANK

UNIT I

1. Concept of Mental Health and illness
2. History of Psychiatry
3. Historical development of mental health nursing.
4. Principles of mental health and psychiatric nursing.
5. Concept of normal and abnormal behavior.
6. Role and qualities of psychiatric nurse
7. Mental health Team
8. Legal aspects in psychiatry

Unit II

1. Classification of mental disorders- ICD-10 classification
2. Etiological factors of mental disorders
3. History taking
4. Mental status examination

Unit III

1. Therapeutic communication techniques
2. Phases in Nurse Patient Relationship
3. Therapeutic impasse and its management
4. Process recording

Unit IV

1. Anxiety disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
2. Stress related and Somatoform disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
3. Schizophrenic disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
4. Depression- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
5. Mania- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
6. Bipolar Disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
7. Dementia- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
8. Delirium- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
9. Amnesia- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
10. Epileptic disorders- Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management

11. Sleep disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
12. Personality Disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
13. Sexual disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
14. Attention deficit hyperactivity disorder
15. Conduct disorders
16. Enuresis & Encopresis
17. Bulimia nervosa
18. Anorexia nervosa

Unit V

1. Alcohol dependence syndrome- Definition, etiological factors, phases, clinical features, complications , Treatment and nursing management of patient with Alcohol dependence syndrome
2. Types of psychoactive substance abuse
3. Etiological & contributory factors of psychoactive substance abuse
4. Prevention of substance abuse

Unit VI

1. Classification of Mentally Sub normality
2. Mental Retardation- Definition, etiological factors, Classification, clinical features, complications , Treatment and nursing management of patient with Mental Retardation

3. Prevention of Mental Retardation
4. Etiological factors of Mental Retardation

Unit VII

1. Types in psychiatric emergencies
2. Psychiatric Emergencies- Psychopathology, Clinical feature, Assessment and diagnosis, Treatment and nursing management
3. Management of suicide
4. Management of aggression
5. Types of crisis
6. Crisis and its intervention

Unit VIII

1. Antipsychotics
2. Antidepressants
3. Mood stabilizers
4. Ant anxiety drugs
5. Lithium
6. Management of Lithium toxicity
7. Role of nurse in lithium therapy
8. Disulfiram therapy
9. Extrapyramidal symptoms
10. Hypnosis
11. Therapeutic community
12. Milieu therapy
13. Behavior therapy
14. Supportive psychotherapy
15. Biofeedback
16. Relaxation Therapies
17. Group therapy
18. Family therapy

19. Role of nurse in occupational therapy
20. Electroconvulsive therapy- Definition, indications, contraindications, types, techniques, parameters and role of nurse in Pre, intra and post ECT
21. Side effects of ECT
22. Complications of ECT
23. Role of nurse in Pre, Intra and post ECT care

Unit IX

1. Levels of prevention
2. Model of prevention
3. Role of nurse in preventive psychiatry
4. Evolution of community mental health nursing
5. Mental health agencies- voluntary, national and international
6. National mental health programme

